

Supporting academic departments of family medicine to lead and achieve their full potential in care, education, scholarship, and advocacy to promote health and health equity.

# WINTER MEETING FEBRUARY 13 – 16, 2019

## **Rebuilding After the Flood**

### Designing our Departments' Move Toward Value-Based Health Care

New to the ADFM Winter Meeting? Here's an overview and some helpful tips:

- Winter Meeting dates usually fall on one week in February, Wednesday Saturday, with the host city location changing each year. Houston for 2019 New Orleans in 2020!
- The online <u>Winter Meeting Resources</u> page is your complete guide to the meeting. Here you'll find day-by-day itemized meeting and event schedules with presentation titles, facilitators/speakers, and room locations. Also included is information on attendees, industry terms, hotel floor plan, and even tourism ideas.
- Overall, the plenary and panel sessions on Thursday, Friday, and Saturday are usually the result of months of planning by the program committee, whose goal is to bring help on timely issues to Chairs and Administrators. These sessions can be provocative and always seek to engage members. The Winter meeting tends to not have breakout sessions on separate topics.
- What to know about key sessions and events by day:

### WEDNESDAY

- The Wednesday pre-conference meetings for Administrators, ADFM Fellows, Chairs, and Senior Leaders focus on the respective needs unique to each group.
- Registration opens at 11:00am in the Grand Ballroom Foyer, where you can pick-up your packet of information including your name badge and an agenda.
- Orientation for New Attendees, Wednesday 5:30 6pm: This is your must-do session!
- The Opening Reception Wednesday evening gives you a chance to meet and greet, snack on yummy appetizers, and enjoy beverages at a hosted-bar.
- The post-reception Dine-Around Networking Dinners give you another way to make connections. Reservations have been made at 5 restaurants within walking distance of the hotel; to join a group, sign-up on the sheets available at the registration table ahead of time. Each diner is responsible for their own tab.

#### <u>THURSDAY</u>

- On Thursday morning we start the day with Breakfast Topic Tables; see the agenda for a list of the planned topics (and table numbers). We will have two 45-minute discussion blocks during the 90-minute breakfast, with the same topics at the tables, which will allow you to participate in discussions at two topic tables if you see more than one topic of interest.
  - At the same time, Consultation Tables are also available by specific and open topic, where you can consult with peers on subjects you are grappling with in your setting. See the agenda for topics and table numbers.
- Most of the programming for Thursday (and Friday and Saturday) will take place in the Grand Ballroom, but do note that some of the committee and special sessions are scheduled in other rooms.
- All are welcome to learn more about ADFM committees by participating in one of the committee meetings over lunch on Thursday.
- On Thursday evening, our Reception and Annual Dinner (with cash bar) will have a western theme and there will be line dancing! Feel free to bring your cowboy fashions to wear. Also, guests of attendees are welcome but they do need to register and pay for their ticket ahead.

#### **FRIDAY**

- Friday's dress code is casual "Jeans Friday," when we all feel a bit more comfortable while attending morning sessions.
- The State/Regional Networking tables at Friday breakfast give you an opportunity to meet Chairs and Administrators from your state or region while discussing topics of mutual interest.
- Friday afternoon is open for free time to explore the city or activities of your choice. For a wellness time of transition from sightseeing to dinner, we have a Yoga for EveryBody session at 4:30 5:30pm, featuring gentle, relaxing and slow-paced yoga suitable for all levels. Bring your yoga mat or hotel towel.
- New Chairs are invited to join the New Chair 101 lunch on Friday afternoon after the conclusion of the programming for the day. This event does require advance registration.
- Friday evening, the Leadership and Management Dilemmas Dinner is a case-based workshop where 2-3 individuals present an active or resolved dilemma and solicit feedback from the audience in a structured discussion format. As this is an optional event, you must additionally register and pay for this event.

#### <u>SATURDAY</u>

- Saturday's breakfast has the same format as Thursday's (see above).
- On Saturday, the Business Meeting session provides an opportunity to learn more about the ongoing operations and strategic projects of the organization, and includes elections for the new ADFM leadership.
- After the conference ends on Saturday, we begin planning for next year. We invite everyone to be part of this planning session – and the ongoing planning committee - for the 2020 Winter Meeting!

## Want to learn more about ADFM structure, programs, and leadership?

Check out <u>our website</u>, and these specific resources:

- Membership
- <u>Strategic Workplan 2018-2019</u>
- <u>Strategic Committees</u>
- Board of Directors
- <u>Staff Directory</u>
- <u>Programs for New and Interim Chairs and New Chair Advising</u>