Advancing the Use of Artificial Intelligence & Machine Learning in Primary Care: *Roles & Opportunities for DFMs*

Andrew Bazemore MD MPH Bob Phillips MD MSPH





The Opportunity

PRIMARY CARE is

"the provision of integrated, accessible health care services by clinicians who are accountable for addressing a large majority of personal health care needs, developing a sustained partnership with patients, and practicing in the context of family and community"

– Burnout

*Martin S, Phillips RL, Petterson S, Levin Z, Bazemore AW. Primary Care Spending in the United States, 2002-2016. *JAMA Intern Med.* 2020;180(7):1019–1020.





The Opportunity

AI/ML has

- Revolutionized industries, including medicine, but has yet to transform primary care.
 - Review of primary care & AI/ML concluded...the field remains in "early stages of maturity," despite a 35 yr history*
 - Only 1 out of every 7 of these papers includes a primary care author; therefore, one barrier to greater impact is engagement from the primary care community.
- Infrequently involved PC end-users and researchers in development to date
- Scarcely tapped the wealth of data & technology available from PC practices

*Kueper J, Terry AL, Zwarenstein M, Lizotte DJ. Artificial Intelligence and Primary Care Research: A Scoping Review. *Ann Fam Med*.





The Opportunity

The **Quintuple Aim*** for U.S. Healthcare includes

- Better Health
- Better Patient Experience
- Lower Costs
- Improved Clinician Wellbeing
- Equity in Outcomes

*https://www.ahrq.gov/ncepcr/tools/workforce-financing/white-paper.html







Pathways connecting PC, AI/ML, & the Quintuple Aim?



We aim to align how the professions are valued with the values of the professions

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NASEM Report

About ~ Product

Products & Activities V Measures

Measures That Matter

Laboratory V News & Events V

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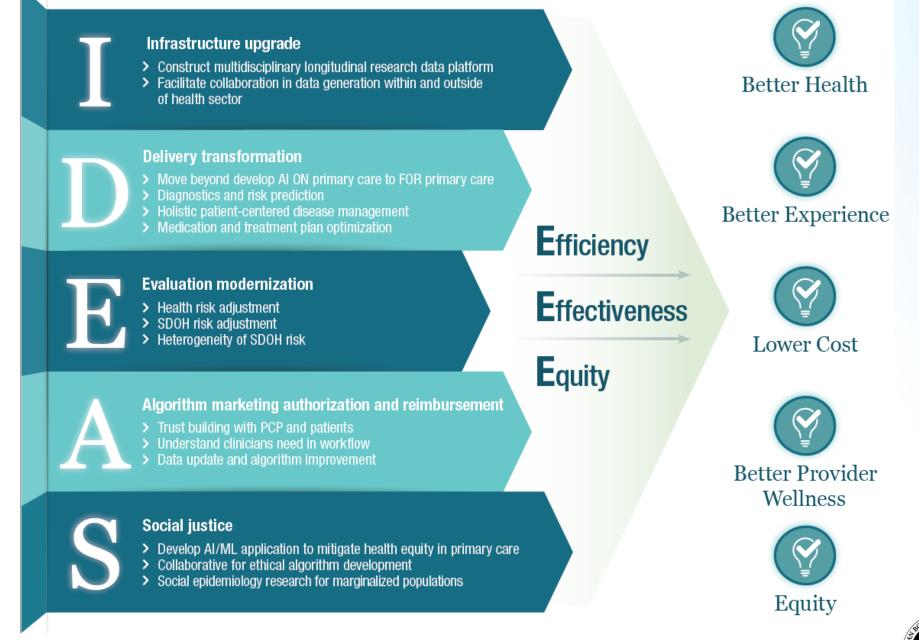
Work With Us

Setting a Research Agenda for the Use of Artificial Intelligence & Machine Learning in Primary Care

Virtual Summit: March 18-19, 2021

FOR QUESTIONS CONTACT: Andrew Bazemore, & Mikel Severson at 1-202-600-9447

https://professionalismandvalue.org/setting-a-research-agenda-for-the-use-of-artificial-intelligence-machine-learning-in-primary-care/



MCMLXX -

Ongoing ABFM Investment in Advancement of AI/ML in Depts of Family Medicine

- Primary Care Specific Data Laboratories

 PRIME Registry, Supporting National Labs(AHRQ)
- Convenings
- Presentations in AI/ML Communities
- Human Capital Investment







Family Medicine Artificial Intelligence and Machine Learning Faculty Support

2022 Grant Awards Announcement

Why?

Enhance the capacity for AI/ML methods in Family Medicine to study primary care research questions using real-world, primary care data.



Expected Outcomes

Per Department/Division

One AI/ML researcher embedded for at least five years

Two proposals for externally funded research



Three peer-reviewed publications



University of Houston PI: Winston Liaw, MD, MPH

Project Title: Primary Care Forecast: Using Social Risk Factors and Actionable, Explainable Artificial Intelligence/Machine Learning to Prevent the Progression of Diabetes Complications

Co-Investigators: Ioannis A. Kakadiaris, PhD; LeChauncy Woodard, MD, MPH; Omolola Adepoju, PhD, MPH



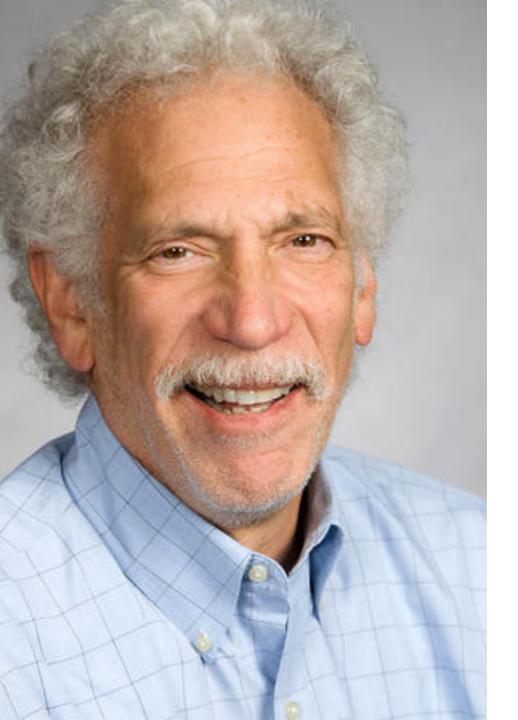


University of Pittsburgh PI: John S Maier, PhD, MD

Project Title: Growing Primary Care Informatics using AI/ML to Understand Patients Not Just Diseases

Co-Investigators: Tracey Conti, MD; Shyam Visweswaran, MD, PhD; José Abad, MD





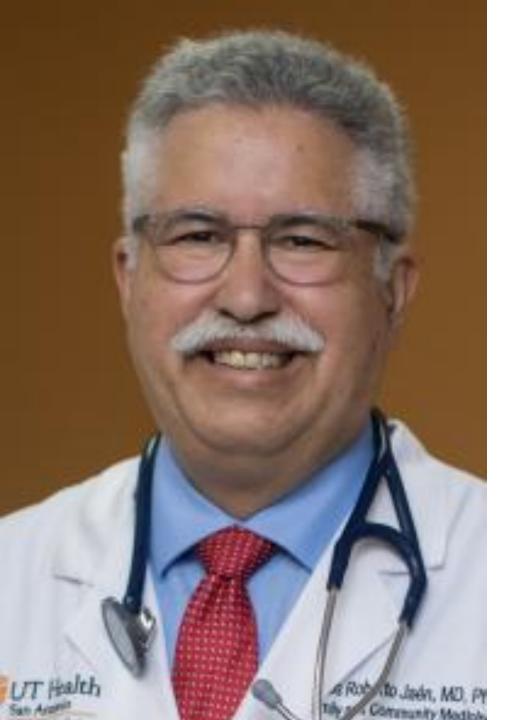
University of California, San Diego PI: Gene Kallenberg, MD

Project Title: Building AI/ML Capacity in the UCSD Department of Family Medicine

Co-Investigators: Ming Tai-Seale, PhD, MPH; Lucila Ohno-Machado, MD, PhD, MBA; Christopher Longhurst, MD

AI/ML Fellow: Ammar Mandvi, MD





University of Texas, San Antonio PI: Carlos Roberto Jaén, MD, PhD

Project Title: Harnessing Complexity: Applying AI/ML to discover solutions of multi-morbidity in Primary Care

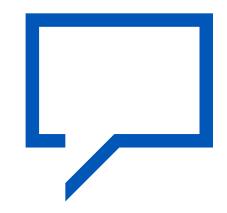
Co-Investigators: Meredith Nahm Zozus, PhD; Zhu Wang, PhD; Robert L. Ferrer, MD, MPH; David A. Katerndahl, MD, MA

AI/ML Fellows: Shorabuddin Syed, PhD; Yun Shi, MD, PhD





WAKING THE SLEEPING GIANT



ENGAGING FAMILY MEDICINE IN DIGITAL/ AI TRANSFORMATION

David Rushlow, MD Chair, Family Medicine Mayo Clinic Rochester, Minnesota, USA

Presentation Overview

The Power of AI to Transform Primary Care

Challenges and Opportunities for AI in Family Medicine

Overview of Mayo Clinic Midwest Dept. of Family Medicine

Our Experience using AI and Pragmatic Trials to Transform Practice

Example of the EAGLE study as a prototype project

Healthcare Delivery Innovation Laboratory (iLab)

Power of Al to Transform Primary Care

Most comprehensive care delivery platform in US*

Enormous clinical data repository largely unused.

Not limited by disease, age, geography, race, ethnicity, social determinants of health, etc.

Focus on wellness, disease prevention and chronic disease management leading to greater downstream impact on over health

*Petterson, et al. *Washington: Robert Graham Center* (2018).



Primary care providers are burning out at record pace*

¢

Breadth of knowledge base provides excellent opportunity for decision support



Evidenced-based decision support provides opportunity to reduce cost through lower hospitalizations and diagnostic testing.



Must be well aligned with front line workflow to reduce disruption and alert fatigue.

*Goldberg et al, JBFM 5/2020

Power of Al to transform Primary Care

Strategic Challenges for Mayo Clinic Family Medicine



Not meeting expectations of the Quadruple Aim



Information overload!!



Gap between innovation and front-line practice too long – 17 years*

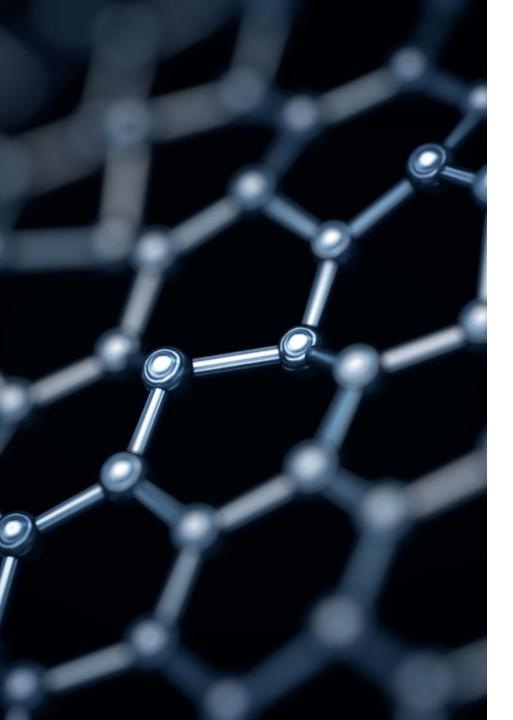


Significant disparities in health equity



Disruptors are active and moving fast

*Morris ZS, Wooding S, J R Soc Med.



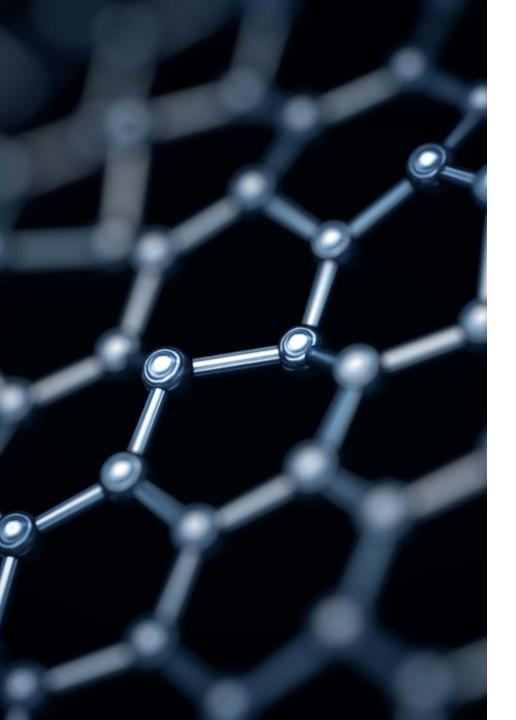
Al Opportunities for Mayo Clinic Family Medicine

Leverage the value of a large integrated Family Medicine Department

- Leadership Infrastructure.
- Single EHR database.
- 400K patients
- 550 engaged provider pragmatists!

Leverage Mayo Clinic's Digital/AI Expertise

- Center for Digital Health
- Clinical and Pragmatic Trials Research Infrastructure
- Implementation Science
- Embedded expertise within specialty departments



Opportunities for Alignment cont.

Aligned Strategic Priorities

- Mayo Clinic Enterprise 2030 vision
- Department of Family Medicine
- Research shield
- Specialty departments

Proven Success

• EAGLE Study

Mayo Clinic Midwest Dept. of Family Medicine:



Mayo Midwest Family Medicine

Who are We?

	Rochester	NWWI	SWWI	SEMN	SWMN	Total
Total Sites	5	9	9	10	14	47
MD/DO	61	68	53	46	47	275
NP/PA (APP)	58	45	25	68	57	253
Residents	27	15	25	0	0	60
Total Patient	70,678	92,710	64,265	113,640	73,702	414,995
Care Teams	11	23	27	27	28	116
Average Panel Size	1843	1547	1475	2136	1386	1677 (ave)

Path to Al Collaboration

- Mayo Clinic's strategy to improve care delivery and rapid diagnosis through Artificial Intelligence (AI)
- Al is most mature in the Cardiology and Radiology departments
- FM lacks personnel and resources to develop Al independently
- Approached by Cardiology to test ECG algorithm for detection of heart failure (low ejection fraction)
- Bringing cutting-edge Mayo innovation to the primary care level

Benefits of Collaboration

- Engaging clinicians in research
- Interdepartmental collaboration
- FM contributes to Mayo Clinic's strategic mission

The EAGLE Trial

ECG AI-Guided Screening for Low Ejection Fraction (EAGLE) trial

Primary care clinicians were recruited from 120 care teams in 45 clinics or hospitals

Patients with ECG obtained as part of routine care in subjects without a prior diagnosis of heart failure

Primary outcome: new diagnosis of low EF (≤50%) within 90 days of the ECG

Yao X, et al. Nature Med 2021

Study Outcomes

• Diagnosis of low EF

	Intervention	Control	OR (95% CI)	P value
Overall	2.1%	1.6%	1.3 (1.0-1.6)	.007
Positive AI	19.5%	14.5%	1.4 (1.1-1.9)	.01

• Al algorithm based on ECGs can enable the early diagnosis of low EF in patients in the setting of routine primary care

Outcomes

- Successful collaborative pragmatic trial
- 8 of 22 authors in Family Medicine



Artificial intelligence-enabled electrocardiograms for identification of patients with low ejection fraction: a pragmatic, randomized clinical trial

Xiaoxi Yao^{1,2}, David R. Rushlow³, Jonathan W. Inselman¹, Rozalina G. McCoy^{1,4}, Thomas D. Thacher³, Emma M. Behnken⁵, Matthew E. Bernard³, Steven L. Rosas⁶, Abdulla Akfaly⁷, Artika Misra⁸, Paul E. Molling⁹, Joseph S. Krien¹⁰, Randy M. Foss¹¹, Barbara A. Barry¹, Konstantinos C. Siontis², Suraj Kapa², Patricia A. Pellikka², Francisco Lopez-Jimenez², Zachi I. Attia², Nilay D. Shah¹, Paul A. Friedman² and Peter A. Noseworthy² Healthcare Delivery Innovation Laboratory (iLab) Accelerate the cycle from innovation to everyday practice.

Projects aimed at improving the Quadruple Aim.

Leverage our front-line care teams as the laboratory "bench".

iLab Core Capabilities



Guide the development of pragmatic research designs for real world effectiveness.



Leverage Digital/AI technology



Develop evidence-based implementation plans to support adoption.



Disseminate best practice recommendations through collaboration and publications

iLab Infrastructure

iLab Executive Team

Center for Digital Health. Robert D. and Patricia E. Kern Center for the Science of Health Care Delivery

Center for Clinical and Translational Sciences (CCaTS) Specialty Departments (Cardiology, Psychiatry and Psychology, Gastroenterology)

Example Projects

EAGLE Implementation

Depression treatment and assessment of remission

Point of care decision support tools

Patient identification for specific therapies (atrial fibrillation)

Early disease identification (fatty liver, osteoporosis, amyloidosis)

Digital clerical assistant to aid in documentation.



The Impact of AI/ML in Family Medicine at UAB Thursday June 9 J 3:15 PM – 4:15 PM

Irfan Asif, M.D.

Professor and Chair; Department of Family and Community Medicine Associate Dean for Primary Care and Rural Health UAB Heersink School of Medicine Team Physician: UAB Athletics, Birmingham Legion FC, USA Wheelchair Rugby



Describe **<u>2 ways</u>** that AI/ML will impact Family Medicine at UAB

- Imaging
- Language Processing



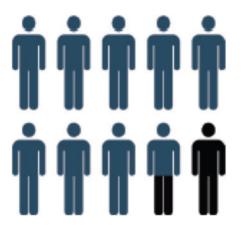
HEERSINK SCHOOL OF MEDICINE | Department of Family and Community Medicine



Imaging

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Diabetic Retinopathy #1 cause of blindness in working age adults



Over 85% of individuals with diabetes will develop DIABETIC RETINOPATHY within 20 years

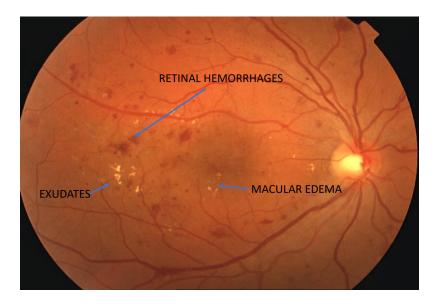


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Diabetic Retinopathy: Barriers to Detection

Lack of Access to Specialists

- Social Determinants of Health
 - Lack of insurance
 - Lack of transportation



Non-Proliferative Diabetic Retinopathy

https://avruc.com/procedures/diabetic-retinopathy/

Detecting Diabetic Retinopathy: Artificial Intelligence

Normal: Retest in 12 months

Diabetic Retinopathy or Macular Edema: Refer to Eye Specialist



Robotic fundus camera captures two images per eye

https://www.darkdaily.com/2019/01/02/fda-clears-ai-device-for-diagnosisof-diabetic-retinopathy-is-this-favorable-for-use-of-ai-in-digital-pathology/



HEERSINK SCHOOL OF MEDICINE | Department of Family and Community Medicine

Preliminary Results: 3 Months

	FQHC #1	FQHC #2	Total
Identified Diabetic Patients	529	272	801
Exams Performed	73	32	105
Positive Results	20 (27%)	10 (31%)	30 (29%)



Benefits

 Immediate results and contributes to comprehensive diabetes management

 Potential to save time and quality of care for patients

Challenges

Benefits

 Immediate results and contributes to comprehensive diabetes management

 Potential to save time and quality of care for patients

Challenges

- Need to develop clear workflows, including space and staff training (e.g. eye dilation)
- Does not detect mild diabetic retinopathy

Cardiomegaly on CT Scans

- At UAB, 80,000 CT exams of the chest or abdomen per year
- UAB Radiology will begin a pilot of an image-based AI algorithm to opportunistically screen for cardiomegaly on routine CT exams of the chest or abdomen obtained for other purposes
- The AI algorithm has 97% specificity for cardiomegaly



Cardiomegaly on CT Scans

Colorectal Screening

- At UAB, 80,000 CT exams of the chest or abdomen per year
- UAB Radiology will begin a pilot of an image-based AI algorithm to opportunistically screen for cardiomegaly on routine CT exams of the chest or abdomen obtained for other purposes
- The AI algorithm has 97% specificity for cardiomegaly

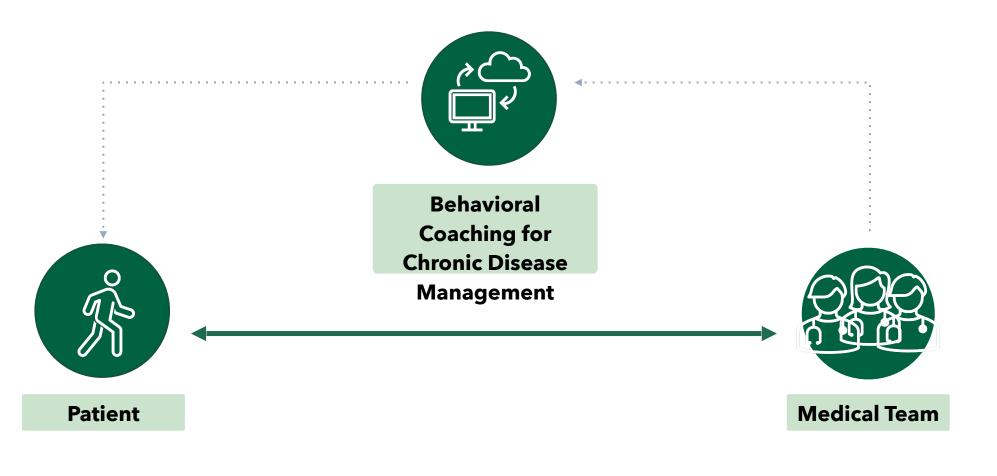
- Screening for colorectal cancer can identify premalignant lesions and improve survival
- Computer aided AI platform being used by UAB GI to enhance polyp detection



Language Processing

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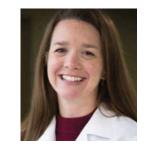
AI-Based Language Processing: Health Promotion and Chronic Disease Management





Tapan Mehta PhD

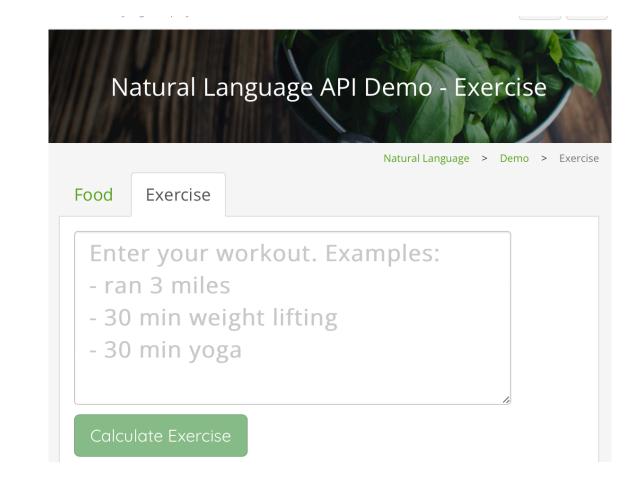
Vice Chair for Research Family & Community Medicine



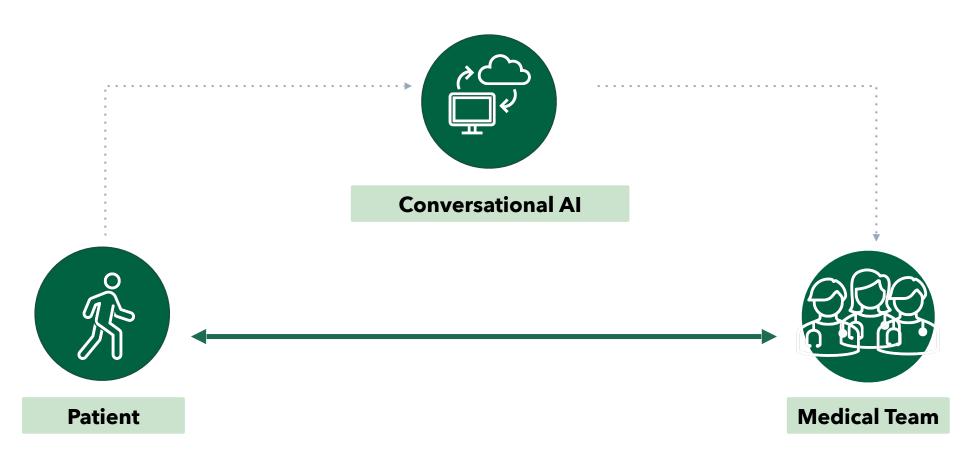
Erin Delaney, MD Vice Chair for Clinical Affairs & Quality Family & Community Medicine

Gamified Optimized Diabetes management with Artificial Intelligence-powered Rural Telehealth (GODART)

- Al-assisted individualized lifestyle modification for glycemic control
 - Smart phone
 - Landline phone
- Key Features
 - Interactive voice response
 - Natural language processing
 - Conversational features for motivational coaching



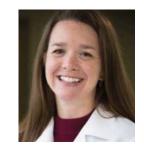
Al-Based Language Processing: Patient Portal Assistance





Tapan Mehta PhD

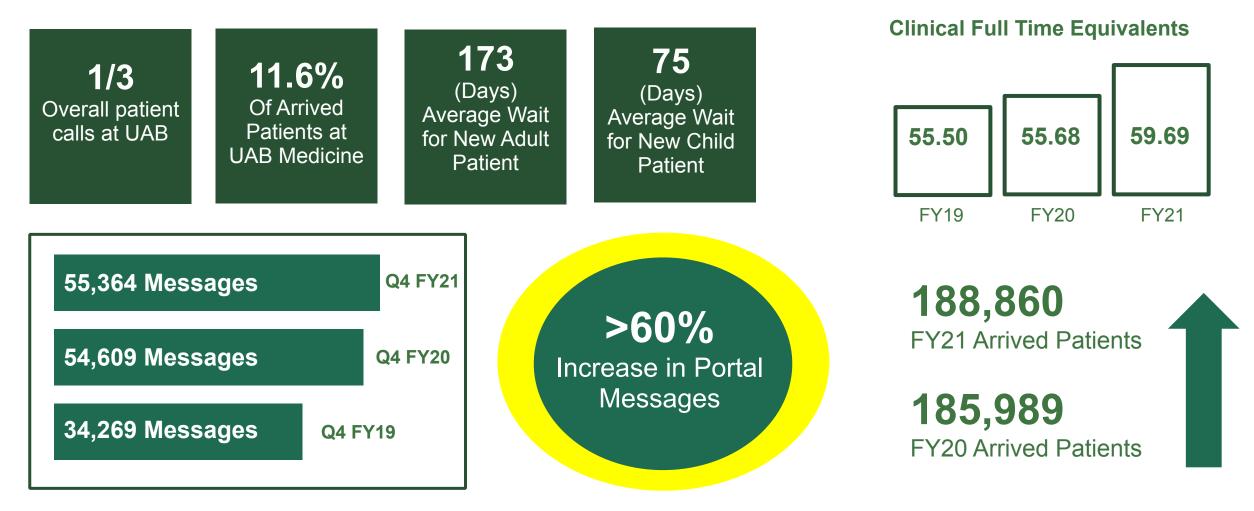
Vice Chair for Research Family & Community Medicine



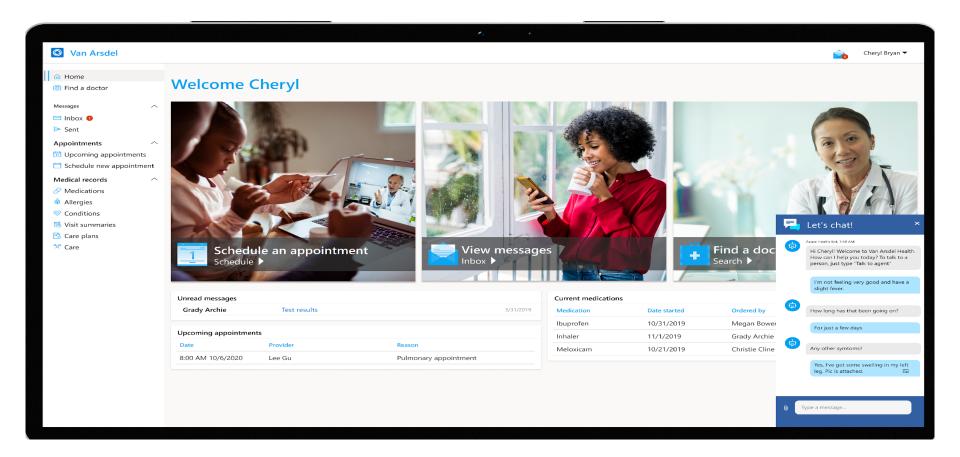
Erin Delaney, MD Vice Chair for Clinical Affairs & Quality Family & Community Medicine

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By the Numbers: UAB Primary Care Service Line



Conversational AI can aid in more meaningful patient engagement through the patient portal and help prioritize messages that may require a provider team (human) response.



- Lab, Imaging, and Result Retrieval
- Appointment Scheduling
- Message Routing

- Sentiment Analysis
- Health Query Response

Benefits

 Address major issues in current clinical practices

 Increased quality of care and potential to save time

Challenges



Benefits

 Address major issues in current clinical practices

 Increased quality of care and potential to save time



- Need to develop clear workflows
- Provider/staff/patient
 education





 Imaging and language processing are 2 key areas where artificial intelligence will affect Family Medicine in the future

- Our role as a family physician will likely change
 - We may encroach on the territory of other specialties
 - Embrace our discipline's core ability to communicate to patient









Go Blazers and Thank You!



AI and ML at Howard University

Mark S. Johnson, MD MPH



It started with one individual

Abiodun Otolorin, MD MS

-BS, Computer Science, Georgia Tech
-MS, Bioengineering, Georgia Tech
-MD, Eastern Virginia Medical School
-Howard Family Medicine Residency Program



It continues with training

- Grant Generating Project
- AIM-AHEAD Training
- Washington University PRIDE Program
- NIH Health Disparities Training Scholars



It's supported with infrastructure

- Research Centers in Minority Institutions (RCMI)
- Georgetown-Howard University Center for Clinical and Translational Science (GHUCCTS)



Howard involvement in collaboratives

- NIH Artificial Intelligence/Machine Learning Consortium to Advance Health Equity and Researcher Diversity (AIM-AHEAD)
- Howard University Center for Applied Data Science and Analytics (CADSA)
- Georgetown University Massive Data Institute (MDI)



Grant funded

• Addressing Health Disparities via Development of a Geospatial Analysis Application for Visualization of Environmental and Social Determinants of Health: District of Columbia Pilot Study, \$180,000



Grants submitted

- Improving African American Health: Use of Artificial Intelligence and SMART on FHIR Application to Detect and Monitor Statin Nonadherence for Cardiovascular Disease Prevention, PI, Otolorin,
- The relative impact of biological factors and social determinants on reducing health disparities in COVID-19, PI Johnson
- Howard University Clinical Research Network for Health Equity, PI Johnson



Departmental research faculty

- TyWanda McLauren-Jones, PhD clinical psychology
- Latita Kaul, PhD nutrition
- Abiodun Otolorin, MD MS
- Finie Richardson, MPH PhD health communication



The language of research

June 9, 2022



FIU | **THRIVE** Social Determinants of Health

Machine Learning Use Case

David Brown, MD; Troy Stefano, PhD; Cynthia LeRouge, PhD; M. Hadi Amini, Phd, DEng; Rachel Clarke, PhD; Staci Morris, PsyD; and Nana Aisha Garba, MD, PhD

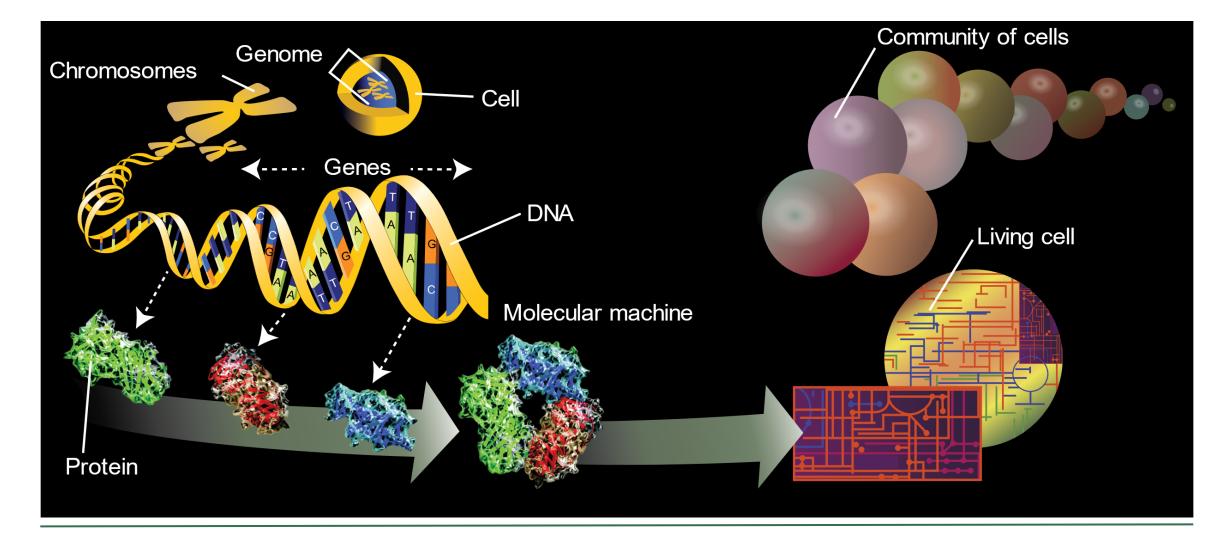
drbrown@fiu.edu



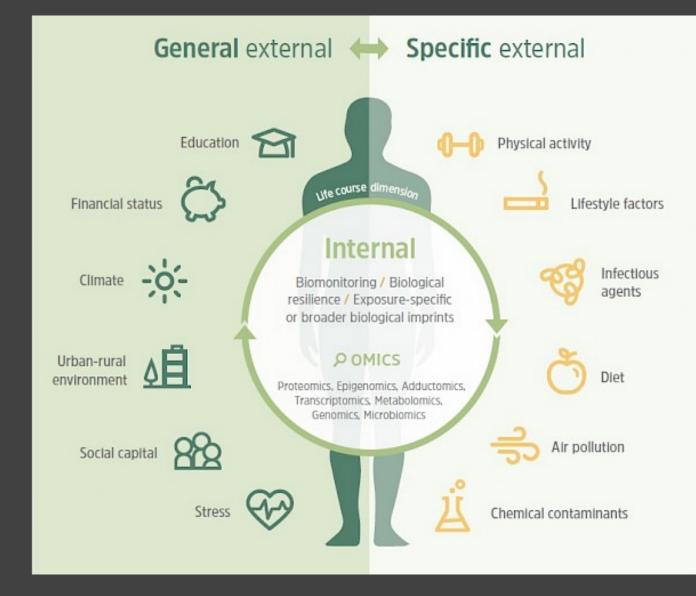
ADFM Annual Meeting

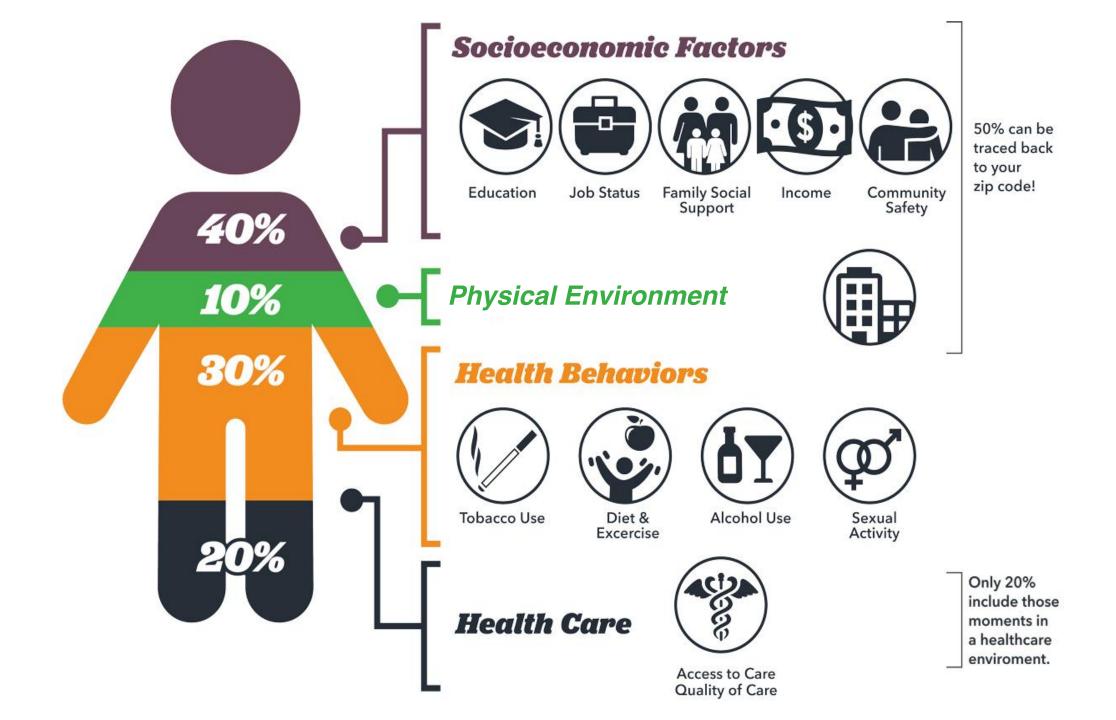


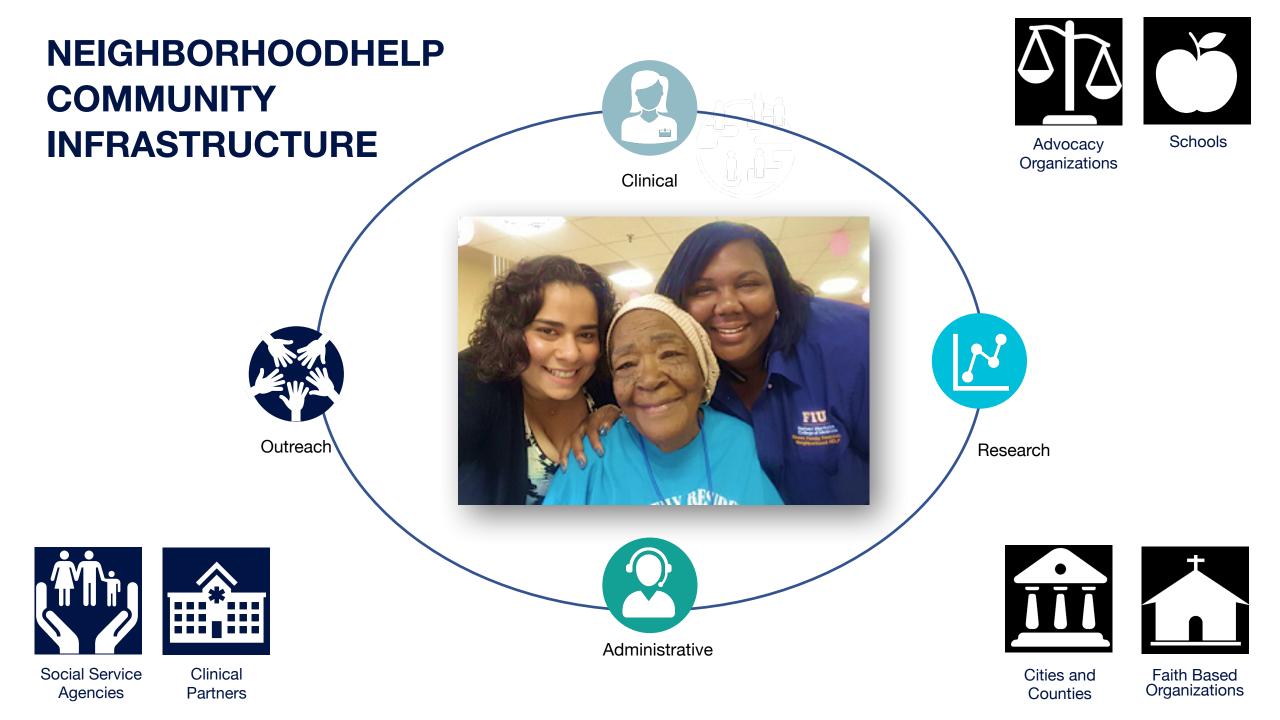
Myth of Simple Genetic Associations



Exposure to the environment is "embodied" through multiple complex "omic" pathways







HEALTH RISK PROFILE Linked to Needs and **Service Navigation**

Stable Housing

Transportation

Usually Gets

Transportation

Transportation

Homelessness

Transportation

Can't Get

Repairs

Secure Nutrition

Daily Activities

Nutrition Quality

Most Activities

Enough Food

Needs Readily Performs

Assistance Stress or Discomfort

with Daily Activities

Temp Need for Food

Difficulty Performing

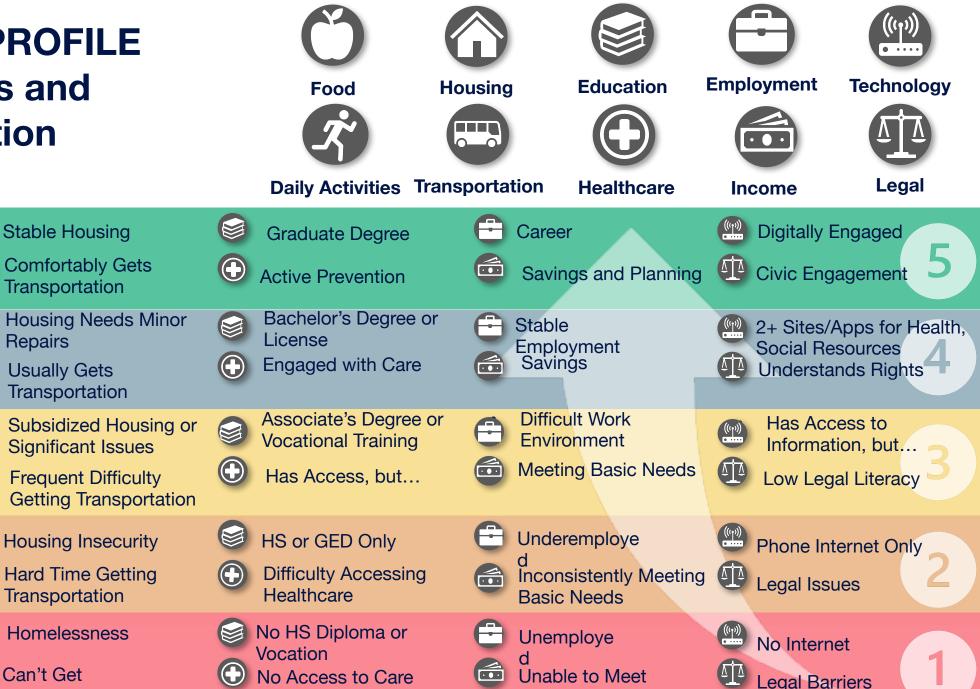
Severely Short of Food

Unable to Perform

Most Daily Activities

Daily Activities

Easily Performs All



Basic Needs

FIU THRIVE

Social support for a healthier you

FIU Thrive helps connect people to accessible, valuable, and usable health and social care when and where it matters most.



Thrive Domains	Gravity Domains			Additional Concepts
Demographics				Veteran Status
Food and Nutrition	Food Insecurity			*Food Insecurity (accessibility, affordability); Nutrition (access, literacy, and health behaviors); structural barriers (food swamp)
Daily Activity				Physical Function, (Independence), Exercise
Education	Educational Attainment			Life Skills
Work	Employment Status			Retirement; Occupational Prestige
Financial Health	Financial Insecurity	Financial Insecurity Material Hardship		financial health and financial well-being;
Technology				Technological access, technological literacy, cell phone, technological adequacy, technological affordability
Transportation	Transportation Insecurity			
Housing	Housing Instability & Homelessness Inadequate Housing			Housing security (housing affordability); housing safety; neighborhood safety
Neighborhood				GIS-Based Deprivation Index
Relationships	Social Connection	Intimate Partner Violence	<u>Elder Abuse</u>	Social Function, Household Composition, Support Structures, Social isolation
Wellness	<u>Stress</u>			Mental Health, Wellness, Substance Misuse
Healthcare	Health Insurance Status	Medical Cost Burden	Health Literacy	Engagement with Healthcare, Healthcare Access

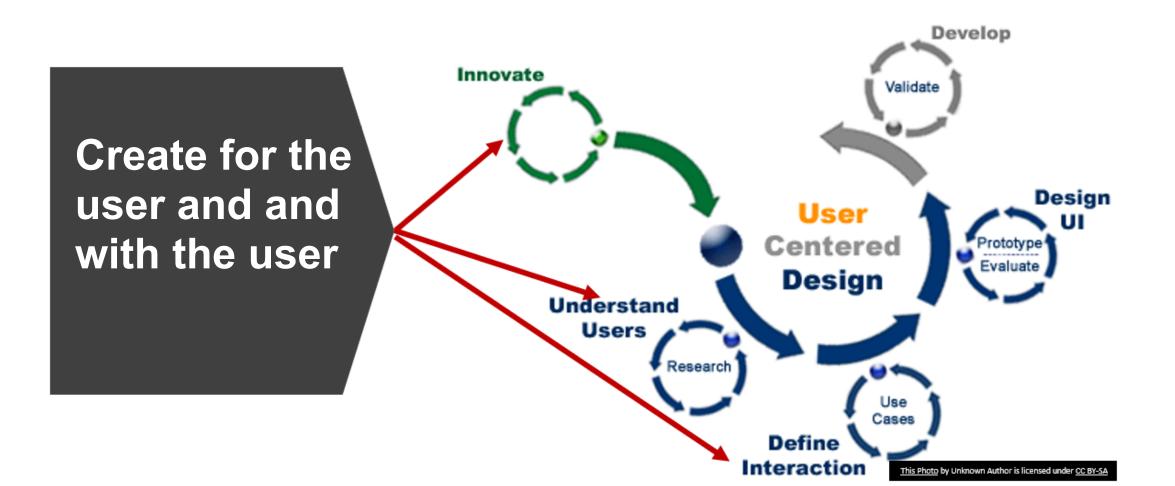
Automated Care Plan Process

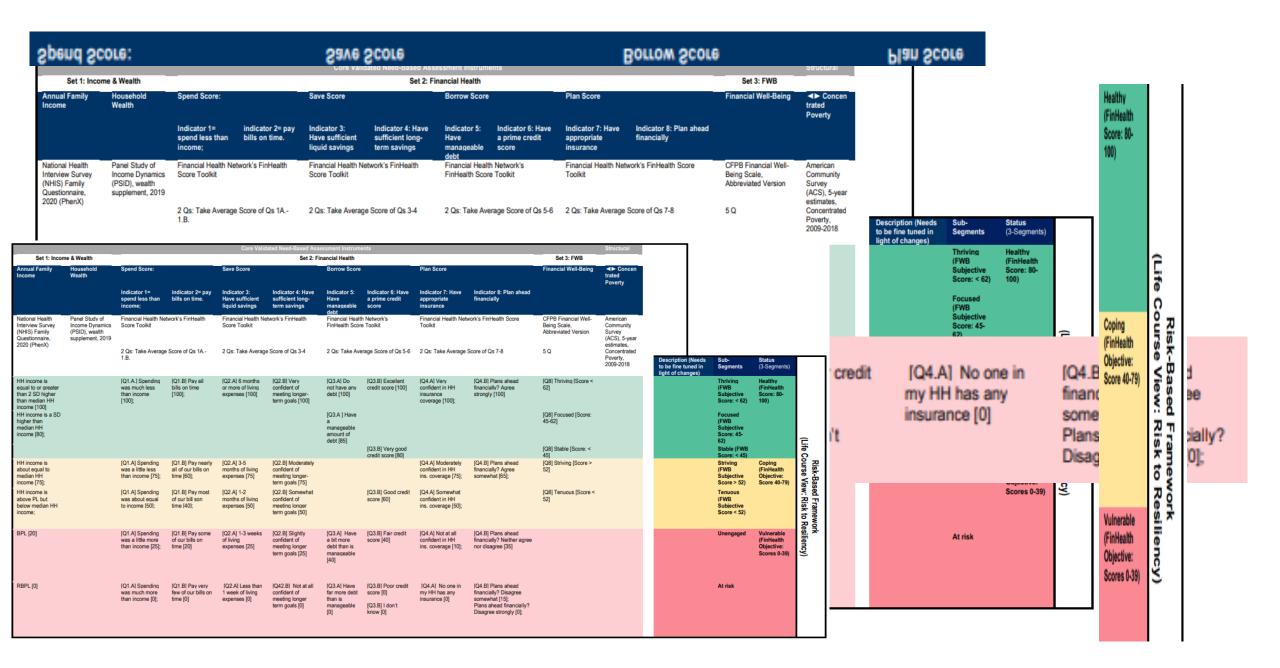
1. Screening, 5. Follow-Up Assessment, & (Open and Health **Closed Loops**) Information 4. Service 2. Diagnosis of Intervention Needs and Risk Modeling 3. Assisted Goal-Setting & Personalized **Care Plan**

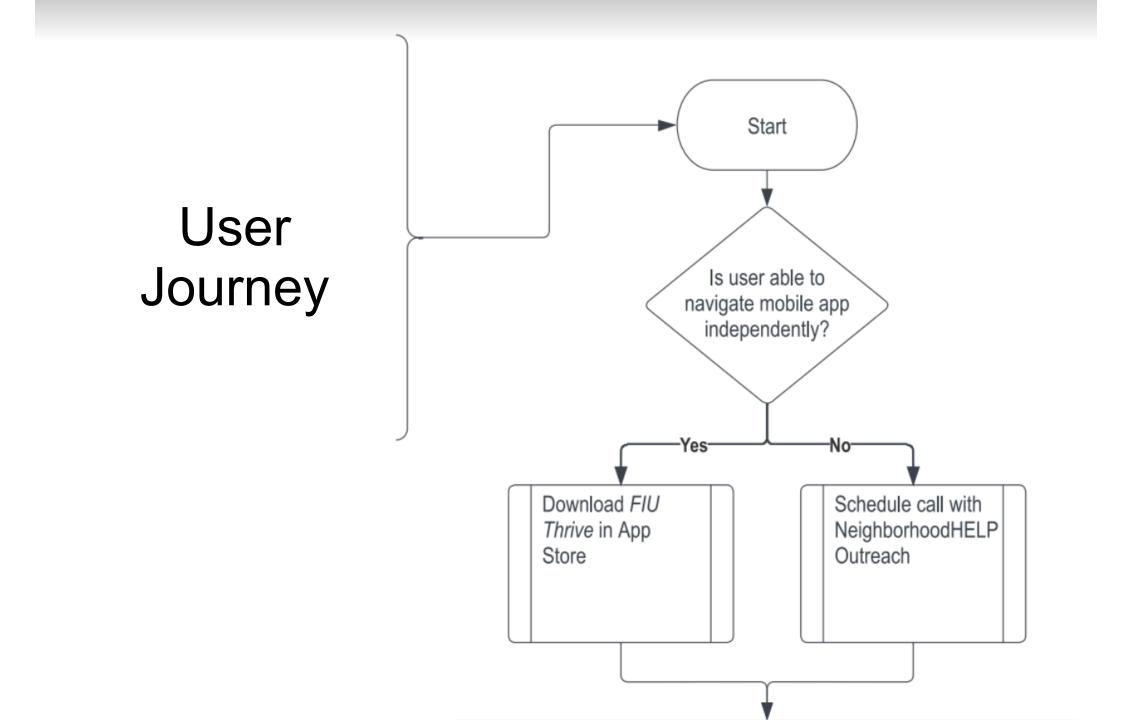
MI/SBIRT conceptual model for application design

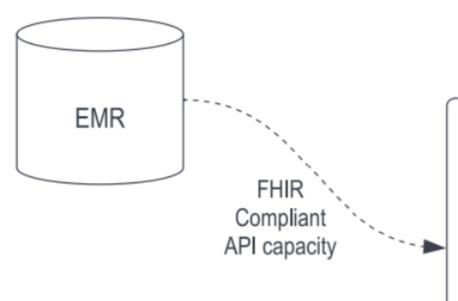
- Engagement: assessing social needs
- Focusing/Evoking
 - sharing results for user to prioritize
 - user defines goals
- Planning/Directionality
 - Pre-set list of potential needs/goals
 - Offer a menu of options
 - Provide referral to services
 - Follow up

User Centered Design









0. Enrollment

-Description: Permissions/ Consent & Baseline Profile

-<u>Description</u>: after appropriate permissions, disclosures, and consent, baseline profile questions will be filled in as part of the enrollment process.

-<u>Source</u>: Validated, open-source instruments (such as PhenX), wherever possible; team-developed to fill in gaps.

1. Screening/ Assessment

-<u>Description</u>: screening questions with conditional flows for 12 domains of SDOH. Questions and conditional flows are built into the database design and software.

-Source: Validated, open-source instruments wherever possible.

v1: expert-based look-up tables for filtering relevant needs based on conditional logic of assessment

v2: ML-based risk modeling and need identification

2. Need Identification

-<u>Description</u>: assessment results lead to a need identification (per subdomain) from a pre-set list of need identification options and a three-tiered risk designation (per domain); users then select priority needs from identified need list.

-<u>Source</u>: Gravity project (HL7's consensus-based standards), where possible; team-developed to fill in gaps.

Look-up tables for filtering relevant goals based on selected priority needs.

Look-up tables for filtering milestone options based on risk level, goals, and domain.

3. Goal-setting & milestones

-<u>Description</u>: user to select a goal from a list of goal-options that corresponds to selected priority needs. A milestone for follow-up is selected per goal.

-<u>Source</u>: Gravity project (HL7's consensus-based standards), where possible; team-developed to fill-in gaps. Milestones to be determined based on secondary literature.

Program service profiles NeighborhoodHELP Outreach team will update this community resource database with NeighborhoodHELP partnerships and available resources for participants. The categories used for profiles will be used to assess for eligibility of services.

 Filtering

 Service intervention options will be filtered depending on (1) availability of services in geographic area (Miami-Dade County) and (2) the user's eligibility for such services. These determinations will be populated based on the "Program Service Profiles."

 v1: expert-based look-up tables for filtering relevant service intervention options.
 v2: Ordering the sequence of suggested interventions using ML-based prediction of optimal intervention.

4. Service Intervention

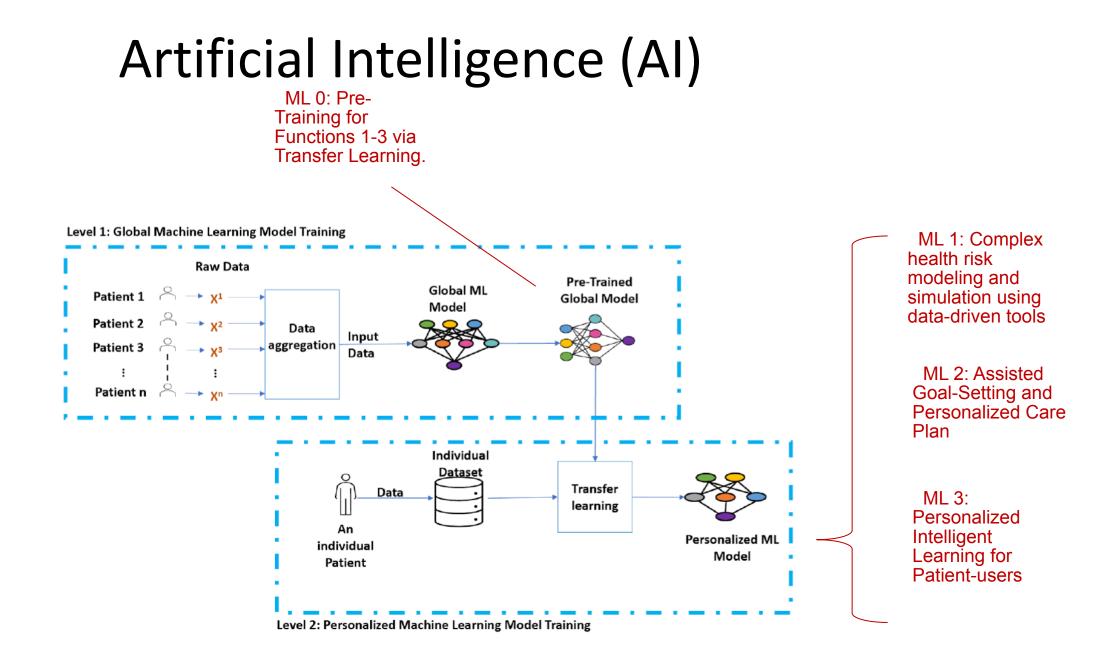
-<u>Description</u>: a list of service intervention options will be provided, filtered by the following parameters: (1) cross-referenced with identified priority need; (2) cross-referenced with selected goal; (3) available in geographic area (Miami Dade County); (4) user-eligibility status as per program service profile.

-<u>Source</u>: List of service options: Gravity project (HL7's consensus-based standards), where possible; team-develpoed to fill in gaps; program service profiles: maintained by NeighborhoodHELP outreach team.

5. Follow-up

-<u>Description</u>: follow-up will take place at the time determined in the milestone selection (step 3). Questions would ask about other SDOH domain areas and would update the assessment accordingly.

-<u>Source</u>: Adapted questions similar to screening/assessment questions (i.e., validated, open-source instruments), wherever possible.



Q&A



American Board of Family Medicine Inc.