

## ADFM LEADERSHIP RESOURCES LIST FROM MEMBERSHIP

Updated: October 8, 2021

Key:

**Bold = Books**

Underline = Articles (click on title to find link to articles)

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### Anti-Racism/Social Justice:

- **How to be Anti-Racist** by Ibram X. Kendi (2019) – *civil rights and liberties; political advocacy*
- **Me and White Supremacy** by Layla Saad (2020) – *discrimination and racism; journaling; self-help*
- **Caste** by Isabel Wilkerson (2020) – *U.S. State and local history*
- **Picture A Scientist** (2020) – *a film; showcases the female research experience; provides new perspectives on how to make science itself more diverse, equitable, and open to all.*
- **White Fragility: Why It's So Hard for White People to Talk About Racism** by Robin DiAngelo - This book explores whiteness and white fragility, a term that describes why many white people feel defensiveness, fear and guilt in conversations around racial oppression.
- "Dear White People" by Krys E. Foster, Christina N. Johnson, Diana N. Carvajal, Cleveland Piggott, Kristin Reavis, Jennifer Y. C. Edgoose, Tricia C. Elliott, Marji Gold, José E. Rodríguez and Judy C. Washington - *It is critical to center voices of marginalized people in social justice work. This essay shares perspectives of BIPOC family physician educators and leaders and their call for action. You can also listen to it as a [podcast](#) read by three of the authors.*
- Lown Institute Weekly Emails - subscribe to view their health equity section with lots of relevant articles via this link: <https://lowninstitute.org/subscribe/>. The Lown Institute is a nonpartisan think tank advocating bold ideas for a just and caring system for health.

### Women and minorities in leadership:

- **Nice Girls Don't Get the Corner Office: Unconscious Mistakes Women Make that Sabotage Their Careers** by Lois P. Frankel (2014) – *women and business; job hunting and career guides*
- **Lean In: Women, Work and the Will to Lead** by Sheryl Sandberg (2013) – *women and business; economic history; feminist theory*
- **Faculty of Color in Health Professions** by Dena Hassouneh (2017) – *medical faculty perspective; medical education and training*
- **The Memo: What Women of Color Need to Know to Secure a Seat at the Table** by Minda Harts (2020) – *business mentoring; coaching*
- **That's What She Said: What men need to know (and women need to tell them) about working together** by Joanne Lipman (2019) – *women and business; general gender stories*
- **Athena Rising: How and Why Men Should Mentor Women** by W. Brad Johnson and David G. Smith (2019)– *women and business; business mentoring*
- **Good Guys: How Men Can Be Better Allies for Women in the Workplace** by David G. Smith and W. Brad Johnson (2020) – *women and business; general gender studies*



*strategy*

- **Resonate leadership: Renewing yourself and connecting with others through mindfulness, hope, and compassion** by Richard Boyatzis and Annie McKee (2005) – *political leadership; general elections and political process; leadership and motivation*
- **The Wisdom of Teams** by Jon R. Katzenbach and Douglas K. Smith (1993) – *human resources; organizational leadership*
- **Influence: Science and Practice. 5<sup>th</sup> ed.** by Robert B. Cialdini (2008) – *business management*
- **The Fifth Discipline** by Peter M. Senge (1990) – *communication skills; business management*
- **Crucial Accountability** by Kerry Patterson et al. (2013) – *communication skills; business management*
- **Managing Transitions: Making the most of change** by William Bridges with Susan Bridges (2017) – *organizational change*
- **Making Strategy Work: Leading effective execution and change** by Lawrence G. Hrebiniak (2005) – *strategic management*
- **Wiser: Getting beyond groupthink to make groups smarter** by Cass R. Sunstein & Reid Hastie (2015) Cass R. Sunstein & Reid Hastie (2015) – *decision making and problem-solving*
- **Daring Greatly** by Brene Brown (2015) – *motivational management; leadership*
- **Dare to Lead** by Brene Brown (2018) – *leadership and motivation; personal transformation*
- **The First 90 Days** by Michael D. Watkins (2013) – *decision making and problem-solving; job hunting*
- **First, Break All the Rules** by Jim Harter, Marcus Buckingham, and Gallup Organization – *business management; entrepreneurship*
- **The 7 Habits of Highly Effective People** by Stephen R. Covey – *time management; interpersonal relations*
- **Fish!: A Proven Way to Boost Morale and Improve Results** (2020) by Stephen Lundin, John Christensen, Harry Paul and Ken Blanchard - *business teams; personnel management*
- **The Art of War** by Sun Tzu - *strategy and competition*
- **Leaders Eat Last: Why Some Teams Pull Together and Others Don't** (2020) by Simon Sinek - *workplace culture*
- **Resonate: Zen and the Way of Making a Difference** (2020) by Ginny Whitelaw - *leadership and motivation*
- **Eat That Frog!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time** (2017) by Brian Tracy - *time management; work-life balance*
- **Who Moved My Cheese?: An A-Mazing Way to Deal with Change in Your Work and in Your Life** (2018) by Spencer Johnson, and Kenneth Blanchard - *workplace culture; stress management*
- **Deep Work: Rules for Focused Success in a Distracted World** (2016) by Cal Newport - *time management*
- **Leading at the Edge: Leadership Lessons from the Extraordinary Saga of Shackleton's Antarctic Expedition** (2012) by Dennis N.T. Perkins, Margaret P. Holtman and Jillian B. Murphy
- **The Art of Possibility: Transforming Professional and Personal Life** (2000) by Rosamund Stone Zander and Benjamin Zander - *leadership; job hunting and career guides*
- **Winnie the Pooh** by A.A. Milne - *children's lit classic*
- **Painless Performance Evaluations** (2005) by Marine E. Green - *personal management*
- **Turn the Ship Around** (2013) by David Marquet - *workplace culture and American military history*
- **Carrot Principle** (2009) by Adrian Gostlick - *communication skills and business management*

- **Helping People Change** (2019) by Boyatzis, Smith and Oosten - *mentoring and coaching*
- **You're it** by (2021) Marcus, McNulty, Henderson, and Dorn - *conflict resolution and mediation*

### Leadership in healthcare/medical psychology:

- **The Innovator's Prescription: A Disruptive Solution for Health Care** by Clay Christensen, Jerome Grossman and Jason Hwang (2016) – *healthcare administration; healthcare delivery*
- **Teams that Work: The 7 Drivers of Team Effectiveness** by Scott Tannenbaum and Eduardo Salas (2020) – *medical occupation and organizational psychology; business processes and infrastructure*
- Faculty development initiatives designed to promote leadership in medical education. A BEME systematic review by Yvonne Steinert, Laura Naismith and Karen Mann (2012)
- Five Keys to Leading Transformational Change in Primary Care by Lindsay S. Hunt and Andrew Ellner (2018) - *clinical quality; outcomes measurement; primary care*
- Diffusion of Innovation Theory by June Kaminski (2011) <http://cjni.net/journal/?p=1444>
- Clinical leadership and integrated primary care: A systematic literature review by Minke S. Nieuwboer, Rob van der Sande, Marjolein A. van der Marck, Marcel G. M. Olde Rikkert, and Marieke Perrya (2018) - *Generalpractice/family medicine, general, integrated care, systematic reviews and meta-analyses, skills training*
- Five Ways to Fail as a New Leader in Academic Medicine" by Kevin Grigsby (2010)
- **Mistakes Were Made (but Not by Me) Third Edition: Why We Justify Foolish Beliefs, Bad Decisions, and Hurtful Acts** by Carol Tavris and Elliot Aronson (2020) – *medical social psychology and interactions; cognitive psychology*
- **Growing Physician Leaders: Empowering Doctors to Improve Our Healthcare** (2016) by Mark Hertling - *hospital administration and care*
- **"Transformation of U. S. Health Care 1960-2020: One Family Physician's Journey"** by John Geyman, MD - Useful in tracing the history and progress of our discipline across those years.