

Family Medicine Leadership Consortium

AAFP Government Relations

August 4, 2023

Julie Harrison, Manager, Center for State Policy

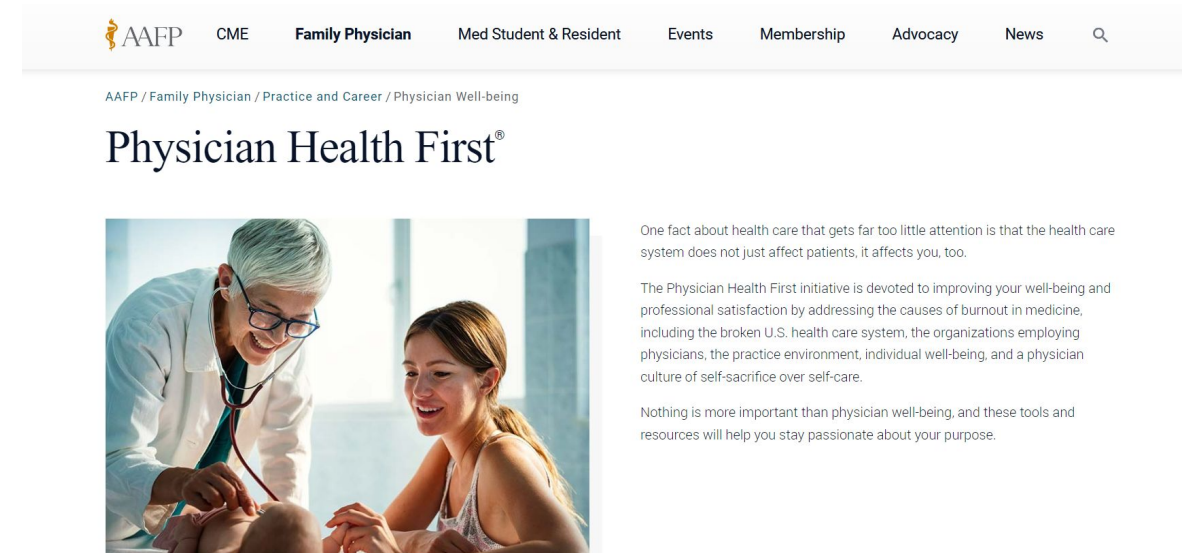


Physician Health First® Initiative

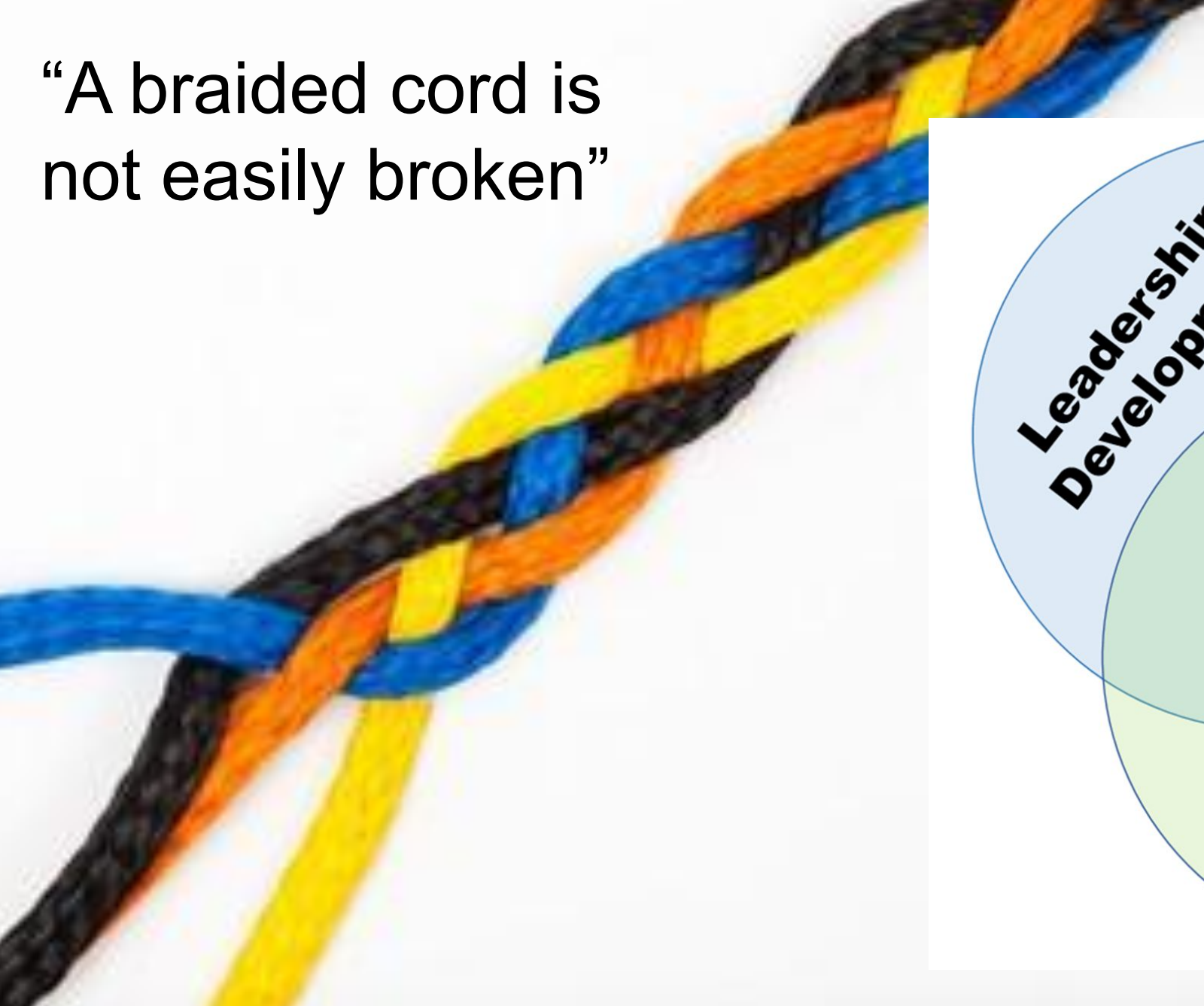
What is Physician Health First Initiative?

- Launched in 2018
- AAFP initiative devoted to improving the well-being and professional satisfaction of family physicians by addressing the causes from five points of entry
- FREE CME member benefit and resources

[AAFP.org/mywellbeing](https://www.aafp.org/mywellbeing)



“A braided cord is not easily broken”




Physician Health and Well-Being Conference Activities

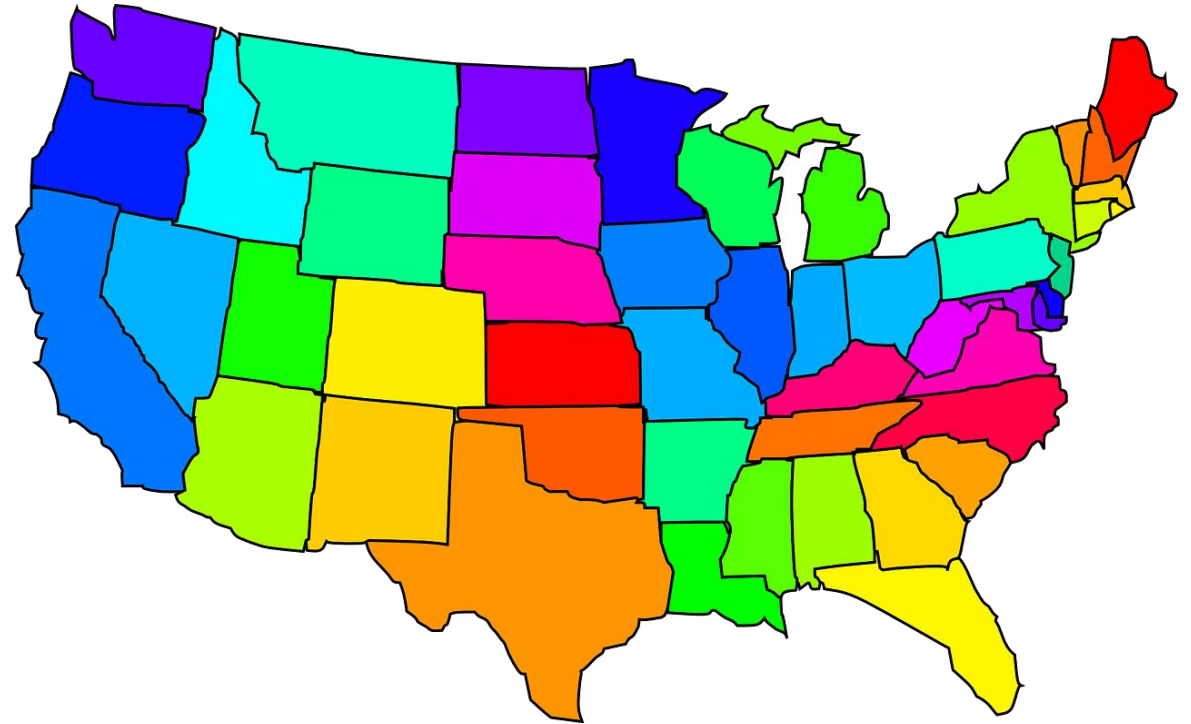
- 40+ hands-on workshops
- Coaching thread
- 5 Main Stage Plenaries
- Resident track
- Daily Debriefs
- Morning exercise and meditation sessions
- Evening activities
- ePoster session
- Scholarships available for New Physicians and Residents

Questions about this work?

**Please contact Heather Woods, Manager of
Career Education at hwoods@aafp.org.**



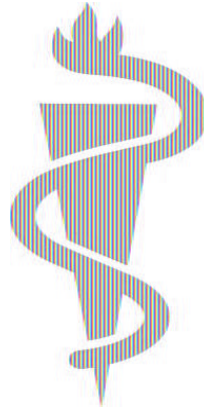
AAFP Chapter Advocacy



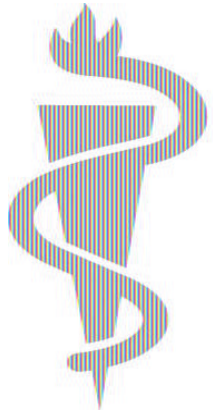


MISSOURI ACADEMY OF
FAMILY PHYSICIANS

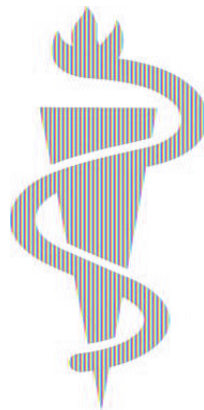
STRONG MEDICINE FOR MISSOURI



OHIO ACADEMY OF
FAMILY PHYSICIANS



GEORGIA ACADEMY OF
FAMILY PHYSICIANS



COLORADO ACADEMY OF
FAMILY PHYSICIANS



FLORIDA ACADEMY OF
FAMILY PHYSICIANS



OREGON ACADEMY OF
FAMILY PHYSICIANS

 **NCAFP**
NORTH CAROLINA ACADEMY OF
FAMILY PHYSICIANS



Center for State Policy

Physician Well-being Toolkit

These tools are designed for chapter staff and members to advocate for policies to protect the well-being and confidential care for physicians.

^ AAFP Backgrounder

Overview of national burnout rate among physicians and examples of state and regulatory policies to protect physicians in need of confidential care.

[VIEW BACKGROUNDER](#)

^ Legislative Language Support

Learn how, with the right language, chapters can advocate to help strengthen access and confidentiality for physicians seeking self-care.

[REVIEW DOCUMENT](#)

^ Confidential Physician Wellness Programs

Learn how chapters can advocate for changes to create a "safe space" through which physicians and other health care professionals could seek and obtain confidential care in ways that would not impact their careers.

[VIEW BACKGROUNDER](#)

[REVIEW TALKING POINTS](#)

[SAMPLE LETTER](#)

^ Licensing and Credentialing Applications

Document describes policies that can ensure physicians and medical students are protected when making mental health disclosures on licensure or credentialing applications.

[REVIEW DOCUMENT](#)

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